



School Year Availability of Maine Fruits and Vegetables

WINTER

December:

Fruit – cranberries (other fruits available from storage*)

Vegetables – other vegetables available from storage*



January – March:

Certain fruits and vegetables available from storage*

SPRING

April:

Fruit – Certain fruits available from storage*

Vegetables – arugula (other vegetables available from storage*)



May:

Fruit – rhubarb

Vegetables – arugula, early lettuce/mixed greens, early onions (scallions), radishes, early spinach

June:

Fruit – rhubarb, early strawberries



Vegetables – arugula, early asparagus, beet greens, early broccoli, early carrots, leeks, lettuce/mixed greens, onions (scallions), early peas, early peas (edible pod), radishes, spinach

***Find Maine-grown produce during the winter school months:**

To find out what fruits and vegetables are available in storage, visit www.getrealmaine.com/learn/Availability.pdf To check on where to obtain Maine grown produce in your area during the winter, contact either Dave Handley or Mark Hutton, both of whom are Vegetable and Small Fruit Specialists with the University of Maine Cooperative Extension Service. You can call 1-800-287-0274 and ask to be connected with either of them.