

Get Active – Have Fun in April!

Middle School/High School Tickler

Combine nutrition and math in one lesson:

What's in my MNTT binder! **Lesson Time:** 40 minutes

Go to the Middle School/High School Tab, page 49 and check out “Apples, Oranges, and Zucchini: An Algebra Party!” Students will solve one and two variable equations combining addition with multiplication and use unit pricing for fruits and vegetables.

Recipe:

Fresh Orange Compote with Granola to compliment your math lesson at the link below.

<http://tinyurl.com/yap3qoe>

Calendar Documentation:

Example: Add in your shopping (30min), prep (30min) and lesson time (40min) to record on your calendar.

Physical Activity for Middle School from PECentral:

The purpose of this activity is to review the appropriate servings from the food pyramid. Students will engage in physical activity through this warm-up using teamwork and cooperation.

<http://tinyurl.com/yatncee>