



Maine-ly Nutrition and TakeTime! School Program Book List



A list of nutrition and physical activity related books
All available through local bookstores or on the Internet

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Adult

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------------|---|---|---------------|---------------|
| Adult | Advancing Health Literacy | Christina Zarcadoolas, Andrew Plesant, and David S. Greer | 2006 | 0-7879-8433-7 |
| Adult | Brain Gym (Teachers Edition) | Paul and Gail Dennison | 1989 | 0942143027 |
| Adult | Children and Teens Afraid to Eat | Frances Berg | 2001 | 0-918532-55-8 |
| Adult | Curriculum and Project Planner | Imogene Forte and Sandre Schurr | 1995 | 0865303487 |
| Adult | Dieting for Dummies | Jane Kirby, R.D. | 1998 | 0-7645-5126-4 |
| Adult | Do Carrots Make You See Better? A Guide to Food and Nutrition in Early Childhood Programs | Julie Appleton, Nadine McCrea and Carla Patterson | 2001 | 0-87659-264-7 |
| Adult | Eat Out, Eat Right - A guide to healthier restaurant eating | Hope S. Warshaw, M.M.Sc, R.D., C.D.E. | 2003 | 1-57284-052-8 |
| Adult | Eating Well for Optimum Health | Andrew Weil, MD | 2000 | 0-375-40754-5 |
| Adult | Fast Food Nation | Eric Schlosser | 2001 | 0-395-97789-4 |
| Adult | Finding Solutions to Hunger | Stephanic Kempf | 1697 | 0966003802 |
| Adult | Food & Mood | Elizabeth Somer, MA, RD | 1995 | 0-8050-6200-9 |
| Adult | Guide to Alternative Health | Jane E. Brody, Denise Grady & Reporters of The New York Times | | 0-8050-6743-4 |
| Adults | Hands on: How to Use Brain Gym | Isabel Cohen and Marcelle Goldsmith | 2002 | 0942143124 |
| Adult | Healthy Kitchen, The | Andrew Weil, M.D. & Rosie Daley | 2002 | 0-375-41306-5 |
| Adult | Helping Your Child Lose Weight the Healthy Way | Judith Levine, RD & Linda Bine | 2001 | 0-806522836 |
| Adult | How to Get Your Kid to Eat...But Not Too Much | Ellen Satter, RD, ACSW | 1987 | 0-915950-83-9 |
| Adult | Learning Style Perspectives | Lynne C. Sarasin | 1998 | 1891859226 |
| Adult | Overcoming Childhood Obesity | C. Thompson, RD & E. Shanley, RD | 2003 | 0-92352178X |
| Adult | Rescuing the Emotional Lives of Overweight Children | Silvia Rimm, PhD & Eric Rimm, ScD | 2004 | 1-579548504 |

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|-------|---|---------------------------------|------|---------------|
| Adult | Secrets of Feeding a Healthy Family | Ellyn Satter | 1999 | 0-9671189-0-5 |
| Adult | Sports Nutrition Guidebook | Nancy Clark | 1990 | 0-87322-730-1 |
| Adult | Teaching Children About Food | Christine Berman & Jacki Fromer | 1991 | 0-923521-15-1 |
| Adult | The Portion Teller | Lisa Young | 2005 | 0767920686 |
| Adult | The Rules of Normal Eating | Karen Koenig | 2005 | 0936077212 |
| Adult | Thin for Life - 10 Keys to success from people who have lost weight and kept it off | Anne M. Fletcher, M.S., R.D. | 2003 | 0-618-34055-6 |
| Adult | Underage & Overweight | Francis Berg, MS | 2004 | 1-578261201 |
| Adult | What color is your diet? | David Heber, M.D., Ph.D. | 2001 | 0-06-098862-2 |

Children's Literature

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|--|--------------------|---------------|--------------------------------|
| Preschool/K-1 | Alligators Arrive with Apples | Crescent Dragwagon | 1992 | 0942143027 |
| Ages 4-8 | Alphabet Soup | Scott Gustafson | 1994 | 0-86713-025-3 |
| Ages 3 & up | An Alphabet Salad | Sarah Schuette | 2003 | 0-736816836 |
| Gr. 1-3 | An Island In the Soup | Mireille Levert | 2001 | 0-88899-403-6 |
| Gr. 1-3 | Belinsky's Bagels, Mr. | Ellen Schwartz | 1997 | 0-88106-256-1 |
| Ages 4-8 | Bread and Jam for Frances | Russell Hoban | 1964 | 0-06-022359-6 |
| PreK-K | Bread Bread Bread | Ann Morris | 1989 | 0-688-12275-2 |
| | Bruce the Moose Fits In | Bill Wood | 1998 | |
| Ages 3-7 | Cat and Dog Make the Best, Biggest, Most Wonderful Cheese Sandwich | Kimberlee Graves | 1997 | 1-57471-254-3 |
| Ages 4-8 | Cat and Dog: The Super Snack | Kimberlee Graves | 1997 | 1-57471-251-9 |
| Ages 4-8 | Carla's Sandwich | Debbie Herman | 2004 | 0972922520 |
| PreK-3 | Chicken Soup With Rice | Maurice Sendak | 1962 | 0-06-025535-8 0-06-443253-X |
| Ages 9-11 | Cloudy With a Chance of Meatballs | Judi Barrett | 1978 | 0-689-70749-5 |
| Ages 9-12 | Cooking a Meal | Rupert Matthews | 1999 | 0-531-15399-1 |
| PreK-K | Color Crunch! | Charles Reasoner | 1998/ 1996 | 0-8431-7820-5 |
| Ages 4-8 | Community Helpers: Chefs and Cooks | Panky Snow | 2001 | 0-736809554 |
| Ages 4-8 | Community Helpers: Food Service Workers | Debbie Yanuck | 2002 | 0-736811281 |

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|-----------------------|---|--|---------------|--------------------------------|
| Ages 4-8 | Cook-A-Doodle-Doo | Janet Stevens, Susan Stevens Crummel | 1999 | 0-15-201924-3 |
| Ages 4-8 | D.W. the Picky Eater | Marc Brown | 1995 | 0-316-10957-6 0-316-11048-5 |
| K-1 | Daddy Makes the Best Spaghetti | Anna Grossnickle Hines | 1986 | 0-89919-388-9 |
| Ages 4-7 | Dear Mr. Blueberry | Simon James | 1991 | 0-689-80768-6 |
| Gr. 1-3 | Dr. Pompo's Nose | Saxton Freymann & Joost Elffers | 2000 | 0-439-11013-0 |
| Ages 2-5 | Eating Pairs | Sarah Schuette | 2003 | 0-736816763 |
| Gr. 3-6 | Everybody's Somebody's Lunch | Cherrie Mason & Gustav Moore | 1998 | 0-88448-198-0 |
| Ages 4-9 | Fannie in the Kitchen | Deborah Hopkinson & Nancy Carpenter | 2001 | 0-689-81965-X |
| K-2 | Feathers for Lunch | Lois Ehler | 1990 | 0-15-200986-8 |
| Ages 4-9 | Fitting Fairy Tale, A | Katharyn A. Brave, M.A & Paul J. Lavin, Ph.D | 2006 | 1-4241-2992-3 |
| | Food Fit a Shape | Running Press | 1997 | 0-7624-0077-3 |
| Ages 9-12 | Food Rules | Bill Haduch & Rick Stromoski | 2001 | 0-141311479 |
| K-3 | Foods - Beginning Sign Language Series | Stanley H. Collins, Kathy Kifer, & Jane Phillips | 1997/ 2002 | 0-931993-87-3 |
| K-3 | Fruits & Vegetables- Sign Language Series | Harold Collins & Kathy Kiper | 1997 | 0-931993-88-1 |
| PreK-K | Funny Food Faces | Lauren Linn & John E. Bartlett | 2000 | 0-375-81054-4 |
| Ages 4-8 | Giant Jam Sandwich, The | John Vernon Lord | 1972 | 0-395-44237-0 |
| Ages 8-12 | Go Outside | Nancy Blakey & Dane Dean Doering | 2002 | 1-58246-064-7 |
| PreK-2 | Green Eggs and Ham | Dr. Seuss | 1960 | 0-394-80016-8 |
| Ages 4-8 | Gregory, the Terrible Eater | Mitchell Sharmat & Jose Aruego | 1980 | 0-590-43350-4 |
| Ages 3 & up | Growing Colors | Bruce McMillan | 1994 | |
| PreK-K | Hi, Pizza Man | Virginia Walter & Ponder Goembel | 1998 | 0-531-06885-4 |
| Ages 4-8/ Preschool-3 | Hold The Anchovies | Shelly Rotner & Julia | 1996 | 0-531-09507-X |

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|-------------|---|---|------|--------------------------------|
| | | Pemberton | | |
| All ages | How Are You Peeling? Foods with Moods | Saxton Freymann | 1999 | 0-439-10431-9 |
| K-2 | I Have a Weird Brother Who Digested A Fly | Joan Holub & Patrick Girouard | 1999 | 0-8075-3506-0 |
| PreK-1 | I Like a Snack on an Iceberg | Iris Hiskey Arno & John Sandford | 1999 | 0-694-01176-2 |
| Ages 4-8 | I Will Never NOT EVER Eat a Tomato | Lauren Child | 2003 | 0-7636-1188-3 |
| PreK-2 | If You Give a Moose a Muffin | Laura Joffe Numeroff & Felicia Bond | 1991 | 0-06-024405-4 |
| PreK-2 | If You Give a Mouse a Cookie | Laura Joffe Numeroff & Felicia Bond | 1985 | 0-06-024586-7 |
| PreK-2 | If You Give a Pig a Pancake | Laura Joffe Numeroff & Felicia Bond | 1998 | 0-06-026686-4 |
| K-2 | In The Night Kitchen | Maurice Sendak | 1970 | 0-06-4434362 |
| PreK-1 | It Looked Like Spilt Milk | Charles G. Shaw | 1947 | 0-06-025566-8 |
| PreK-1 | Jamberry | Bruce Degen | 1983 | 0-06-443068-5 |
| Ages 4-8 | Jamie O' Rourke and the Big Potatoe | Tomie DePaola | 1992 | 0-698-11603-8 |
| Ages 4-8 | Leo, the Late Bloomer | Robert Kraus & Jose Aruego | 1971 | 0-87807-042-7 |
| Ages 4-8 | Let's Eat | Ana Zamorano, Amy Griffin & Julie Vivas | 1999 | 0-590-13444-2 0-590-13444-2 |
| Gr. 3+ | Life and Times of the Peanut, The | Charles Micucci | 1997 | 0-395-72289-6 |
| PreK-2 | Little Nino's Pizzeria | Karen Barbour | 1987 | 0-15-246321-6 |
| Ages 4-8 | Little Red Hen & The Ear of Wheat, The | Mary Finch | 1999 | 1-902283-47-3 |
| PreK-1 | Little Red Hen, The | Margot Zemach | 1983 | 0-374-44511-7 |
| K-2 | Little Red Hen, The | Paul Galdone | 1973 | 0-395-28803-7 |
| Gr. 5+ | Liver Cookies | Dian Curtis Regan | 1991 | 0-590-44337-2 |
| Ages 6-12 | Loaves of Fun | Elizabeth Harbison & John Harbison | 1999 | 1-55652-311-4 |
| Gr. K-3 | Lunch at the Zoo | Brenda Cartee Lee | 2003 | 0-972873201 |
| Preschool-1 | Lunch Box Surprise, The | Grace Maccarone & Betsy Lewin | 1995 | 0-590-26267-X |
| Ages 4-8 | Making Minestrone | Stella Blackstone, Nan Brooks | 2000 | 1-84148-211-0 |

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|----------|--|--|------|--------------------------------|
| Ages 4-8 | Market Day A Stroey told with Folk Art | Lois Ehlerst | 2002 | 0-15-202158-2 |
| Ages 4-8 | Max's Breakfast | Rosemary Wells | 1985 | 0-8037-2273-7 |
| Ages 4-8 | No Moon, No Milk | Chris Babcock | 1995 | 0-517-88540-9 |
| Ages 4-8 | Oh, No, Toto! | Katrin Hyman Tchana & Louise Tchana Pami | 1997 | 0-590-46585-6 |
| Ages 4-8 | Oliver's Milk Shake | Vivian French & Alison Bartlett | 2001 | 0-531-30304-7 |
| All ages | One Lonely Seahorse | Saxton Freymann & Joost Elffers | 2000 | 0-439-11014-9 |
| Ages 2-5 | Pancakes for Breakfast (Picture book) | Tomie dePaola | 1978 | 0-15-259455-8 |
| PreK-K | Pancakes, Crackers, and Pizza | Majorie Eberts & Margaret Gisler | 1984 | 0-516-02063-3 |
| Ages 4-8 | Pancakes, Pancakes! | Eric Carle | 1998 | 0-590-44453-0 |
| PreK-1 | Peanut Butter and Jelly | Nadine Bernarnd Westcott | 1987 | 0-14-054852-1 |
| K-3 | Pickles to Pittsburgh | Judi Barrett | 2004 | 0-689-80104-1 |
| All ages | Play with your Food | Joost Elffers & Saxton Freymann | 2002 | 155670630-8 |
| Ages 4-8 | Popcorn Book, The | Tomie dePaola | 1978 | 0-8234-0314-9 |
| Ages 1-6 | Prudence's Book of Food | Alona Frankel | 2000 | 0-694-01383-8 |
| Ages 4-8 | Rabbit Food | Susanna Gretz | 1999 | 0-7636-0731-2 0-7636-1293-6 |
| Ages 3-6 | Read-to-me Rhymes: Food | Totline | 2002 | 1-570293074 |
| K-2 | Scratch and Sniff Food | DK Publishing | 1999 | 0-7894-3988-3 |
| K-2 | Seven Silly Eaters, The | Mary Ann Hoberman | 1997 | 0-15-200096-8 |
| Gr. 2-4 | Spice Alphabet Book, The | Jerry Pallotta & Leslie Evans | 1994 | 0-88106-897-7 |
| Ages 4-7 | Spoon for Every Bite, A | Joe Hayes & Rebecca Leer | 2005 | 0-531-07143-X |
| Ages 4-8 | Stone Soup | Marcia Brown | 1947 | 0-689-71103-4 |
| Ages 4-8 | Strega Nona | Tomie dePaola | 1975 | 0-671-66606-1 |
| Ages 4-8 | Sun Bread | Elisa Kleven | 2001 | 0-525-46674-6 |
| Ages 4-8 | Supermarket | Kathleen Krull & Melanie Hope Greenberg | 2001 | 0-823415465 |
| Ages 4-8 | Sweet Dream Pie | Audrey Wood & Mark Teague | 1998 | 0-590-96204-3 |

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|-----------|---|--|------|--------------------------------|
| Ages 5-8 | To Market, To Market | Anne Miranda & Janet Stevens | 1997 | 0-15-216398-0 |
| PreK-2 | Today Is Monday | Eric Carle | 1993 | 0-399-23605-8 |
| K-2 | Tony's Bread | Tomie dePaola | 1989 | 0-698-11371-3 |
| Ages 6-8 | Too Many Cooks | Andre Buckless | 2000 | 0-439-16966-6 |
| Ages 5-10 | Too Many Tamales | Gary Soto | 1993 | 0-698-11412-4 |
| Ages 3-7 | Tops and Bottoms | Janet Stevens | 1995 | 0-15-292851-0 |
| Ages 5-9 | Uncle Willie and the Soup Kitchen | DyAnne DiSalvo-Ryan | 1991 | 0-688-15285-6 |
| Ages 3-7 | Very Hungry Caterpillar, The | Eric Carle | 1987 | 0-399-22690-7 |
| K-2 | Walter the Baker | Eric Carle | 1995 | 0-689-80078-9 |
| Ages 5-9 | Watch Out for the Chicken Feet In Your Soup | Tomie dePaola | 1974 | 0-671-66745-9 |
| Ages 4-8 | Wheat We Eat, The | Allan Fowler | 2000 | 0-516-26569-5 |
| Ages 4-7 | World in a Supermarket, The | Rozanne Lanczak Williams & Adjoa J. Burrowes | 1996 | 1-57471-126-1 1-57471-172-5 |

Cookbooks

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------------|--|---|------------|---------------|
| Adult | 365 Foods Kids Love to Eat | Sheila Ellison & Judith Gray | 2005 | 1-57071-030-9 |
| Adult | 60 Days of Low-Fat, Low-Cost Meals in Minutes | M.J. Smith | 1992 | 1-56561-010-5 |
| Adult | Alphabet Cooking | Elaine Magee, M.P.H., R.D. | 1998 | 0-8092-2970-6 |
| For use in Preschool-3 | Alphabet Cooking Cards (Teacher resource) | Cheryl Olmsted | 1990 | 0-8224-0454-0 |
| Ages 9-12 | Beni's Family Cookbook | Jane Breskin Zalben Joan Nathan | 1996 | 0-8050-3735-7 |
| Adult | Brown Bag Success | Sandra K. Nissenburg, MS, RD and Barbara N. Pearl, MS, RD | 1997 | 0-471-34664-0 |
| Ages 3-6 | Caterpillar Scramble & Cantaloupe Boats | Noreen Thomas | 1996 | 1-56383-066-3 |
| Middle School | Clueless in the Kitchen : A Cookbook for Teens | Evelyn Raab & George A. Walker | 1998 | 1552092240 |
| Ages 9-12 | Colonial Cooking | Susan Dosier | 2000 | 0-7368-0352-1 |
| Ages 10+ | Cook and Learn | Beverly Veitch & Thelma Harms & | 1981 | 0-201-09424-X |

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| | | Gerry Wallace & Tina Wallace | | |
| Adult | Cooking Healthy with the Kids in Mind | JoAnna M. Lund with Barbara Alpert | 1998 | 0-399-14358-0 |
| Adult | Cooking Light: 5 Ingredient, 15 Minute Cookbook | Oxmoor House & Anne Chappell Cain | 1999 | 0-8487-1852-6 |
| Adult | Cooking with Kids for Dummies | Kate Heyhoe | 1999 | 0-7645-5097-7 |
| All Ages | Cooking with Mickey & Friends | Pat Baird | 1999 | 0-7868-3190-1 |
| Middle School & up | Cooking Wizardry for Kids | Margaret Kenda & Phyllis Williams | 1990 | 0-8120-4409-6 |
| Preschool | Cool Cooking for Kids | Pat McClenahan & Ida Jaqua | 1976 | 0-82241-614-X |
| | Creative Food Experiences for Children | Mary T. Goodwin, Gerry Pollen | 1974/1980 | |
| Gr. K-3 | Cup Cooking; Individual Child Portion Picture Recipes | Barbara Johnson Foote | 2001 | 0-9604390-3-X |
| Age 6 and up | Dinner From Dirt: Ten Meals Kids Can Grow & Cook | Emily Scott & Catherine Duffy | 1998 | 0-87905-840-4 |
| Adult | Disney Family Cookbook | Deanne Cook | 1996 | 0-7868-6112-6 |
| Adult | Family Fun's Cookbook | Deanna F. Cook | 2001 | 0-7868-6112-6 |
| Adult | Pillsbury: Fast and Healthy Cookbook | Pillsbury Company | 1998 | 0-609-60085-0 |
| Ages 10+ | First Cookbook | Angela Wilkes | 1989 | 0-7460-0233-5 |
| Adult | Food for Fifty | Mary Molt | 2005 | 0-13-020535-4 |
| Adult | Food for Tots | Dr. Janice Woolley and Jennifer Pugmire | 2001 | 1-890908-01-0 |
| Adult | Food, Family & Fun | USDA Food & Consumer Svc. | 1996 | 0-78813840-5 |
| Adult | Four Ingredient Cookbooks, The | Linda Coffee & Emily Cale | 2002 | 0-9628550-3-0 |
| | Fun with Fruits and Vegetables | | 1995 | |
| Ages 6-10 | Good Housekeeping:Children's Cookbook | Marianne Zanzarella | 2006 | 1-58816-193-5 |
| Adult | Healthy and Delicious | Sandy Kapoor | 1996 | 0-471-13158-X |
| Ages 9-12 | Healthy Body Cookbook, The | Joan D'Amico & Karen Drummond | 1998 | 0-471-18888-3 |
| Adult | Healthy Eating Cookbook - American Cancer Society's | American Cancer Society | 2005 | 0-944235-14-X |
| Adult | Healthy Food for Healthy Kids | Bridget Swinney | 1999 | 0-671-31725-3 |
| | Healthy Latino Recipes | | 1999 | |
| Adult | Healthy Snacks for Kids | Penny Warner | 2007 | 1-55867-159-5 |
| Ages 6-10 | Healthy Start Kids' Cookbook, The | Sandra Nisenberg, MS, RD | 1994 | 1-56561-054-7 |
| Adult | Healthy Treats and Super Snacks for Kids | Penny Warner | 1994 | 0-8092-3628-1 |

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|-------------|--|---|------|---------------|
| Ages 10+ | Hey Kids! You're Cookin' Now! | Dianne Pratt & Janet Winter | 1998 | 1-886862-07-9 |
| Ages 8+ | Honest Pretzels | Mollie Katzen | 1999 | 1-883672-88-0 |
| Ages 9-12 | I Made It Myself | Sandra Nissenberg & Heather Nissenberg | 1998 | 1-56561-151-9 |
| Ages 8 & up | Jumbo Cookbook, The | Judi Gillies & Jennifer Glossop & Louise Phillips | 2001 | 1-55074-621-9 |
| Ages 4-11 | Kid's Cookbook, A | Carol Kurzweg | 1993 | 0-673-36065-2 |
| Gr. 3 & up | Kids Cook | Sarah Williamson & Zachary Williamson & Loretta Trezzo-Braren | 1992 | 0-913589-61-6 |
| Ages 9-13 | Kids Cooking | Chuck Williams & Susan Manlin Katzman | 1998 | 0-7835-0325-3 |
| Gr. 4 & up | Kids Cooking: A Very Slightly Messy Manual | Klutz Press | 1987 | 0-932592-14-7 |
| Gr. PreK-3 | Kids in the Kitchen | Micha Pulleyn & Sarah Bracken | 1995 | 0-8069-0446-1 |
| Ages 8-12 | Kids' Cookbook - American Heart Association | Mary Winston, Ed.D., R.D. | 1993 | 0-8129-1930-0 |
| K-3 | Kids' First Cookbook | American Cancer Society | 2000 | 0-944235-19-0 |
| Ages 7-12 | Kitchen Fun for Kids | Michael Jacobson & Laura Hill & Loel Barr | 1996 | 0-8050-1609-0 |
| Gr. 5+ | Knead It, Punch It, Bake It!; The Ultimate Breadmaking Book for Parents and Kids | Judith & Evan Jones | 1998 | 0-395-89256-2 |
| Age 12 & up | Let's Stir It UP! | Dianne Pratt | 1998 | 1-886862-29-X |
| Adult | Light Basics Cookbook | Martha Rose Shulman | 1999 | 0-688-15549-9 |
| Ages 8-12 | Magic Spoon Cookbook | Suzanne Gooding | 1997 | 1-57054-085-3 |
| Adult | Making Nutrition Count for Children | U.S. Dept. of Agriculture, Food and Nutrition Service | 2002 | |
| Adult | Menu Magic for Children | U.S. Dept. of Agriculture, Food and Nutrition Service | 2002 | |
| Ages 3-7 | Mommy's Little Helper Cookbook | Karen Lancaster Brown & Laurel Aiello | 2000 | 0-689-83072-6 |
| Adult | Moosewood Restaurant Low-Fat Favorites | The Moosewood Collective | 1996 | 0-517-88494-1 |
| Ages 3 & up | Mother Goose Cookbook, The | Marianna Mayer & Carol Schwartz | 1998 | 0-688-15242-2 |
| Ages 6 & up | My First Baking Book | Rena Coyle | 1998 | 0-89480-579-7 |
| Adult | My Kid's Allergic to Everything Dessert Cookbook | Mary Harris and Wilma Nachsin | 1999 | 1-55652-303-3 |
| Ages 9-12 | New Junior Cookbook | Better Homes & Garden | 1998 | 0-696-20708-7 |
| Ages 9-12 | Oregon Trail Cooking | Mary Gunderson & Robert L. Munkres | 2000 | 0-7368-0355 |
| Ages 9-12 | Pasta & Pizza For Beginners - Usborne Cooking School | Fiona Watt | 2004 | 07460 28083 |

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| Ages 9-12 | Pizza Fun | Judy Bastyra | 1997 | 0-7534-5061-5 |
| PreK & up | Pretend Soup and Other Real Recipes | Mollie Katzen & Ann Henderson | 1994 | 1-883672-06-6 |
| Adult | Quick & Easy Cookbook | American Heart Association | 2001 | 0-812-92251-4 |
| Adult | Quick & Healthy, Volume II | Brenda J. Ponichtera | 1995 | 0-9629160-1-3 |
| Adult | Quick Meals for Healthy Kids and Busy Parents | Sandra K. Nissenburg, MS, RD; Margaret L. Bogle, PhD, RD; Audrey C. Wright, MS, RD | 1995 | 0-471-34698-5 |
| | Recetas divertidas y rapidas de artistas: chicos... ¡A Cocinar! | Susan Foerster ,Chief Wolfgang Puck | 1998 | |
| Adult | Recipes & Tips for Healthy, Thrifty Meals | USDA/CNPP | 2000 | 0-16-042783-5 |
| Ages 9-12 | Recipes Kids Can Cook | Valerie Ferguson | 2000 | 1-84215-067-7 |
| Gr. 3 & up | Roald Dahl's Revolting Recipes | Roald Dahl, Felicity Dahl, Josie Fison & Quentin Blake | 1997 | 0-670-85836-6 0-14-037820-0 |
| Ages 9-12 | Silly Snacks - Better Homes & Garden | BH&G | 1998 | 0-696 212366 |
| Ages 11-14 | Sleepover Cookbook, The | Hallie Warshaw, Julie Brown & Mark Shulman | 2001 | 0-8069-7070-3 |
| Gr. 3 & up | Smoothies | Anne Akers Johnson | 1997 | 1-57054-101-9 |
| Ages 4-8 | Snacktivities! - 50 Edible activities for parents and children | MaryAnn F. Kohl & Jean Potter | 2001 | 1-58904-010-4 |
| Ages 2-6 | Someone's in the Kitchen with Mommy | Elaine Magee, M.P.H., RD | 1997 | 0-8092-3142-5 |
| Ages 9-12 | Southern Plantation Cooking | Mary Gunderson & Melodie Andrews | 2000 | 0-7368-0357-2 |
| Adult | Soy! Soy! Soy! | Jeanette Egan | 1999 | 1-55561-174-5 |
| Adult | Special Foods for Special Kids | Todd Adelman & Jodi Behrend | 2000 | 1-885003-38-2 |
| Ages 9-12 | United States Cookbook, The | Joan D'Amico & Karen Eich Drummond | 2000 | 0-471-35839-8 |
| Ages 8-12 | Usborne Beginner's Cookbook, The | Fiona Watt | 2003 | 0-794503535 |
| | Whiz, Zip Zap | Pat Drury, Peggy Hausheer, Alice Lindgren | 1995 | |

Curriculum Materials & Classroom Activities

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|------------|--------------|------------|-------------|
| Gr. PreK-1 | Book Cooks | Cheryl Apgar | 2002 | 1-574717928 |

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|---------------|---|--|------|---------------|
| PreK-4 | Cook and Learn | Adrienne Wiland | 2000 | 1-576905977 |
| K-2 | Cooking Art- Easy Edible Art for Young Children | MaryAnn Kohl & Jean Potter & Ronni Roseman-Hall | 1997 | 0-87659-184-5 |
| Gr. 5-8+ | Developing Life Skills | Debbie Radliff | 1999 | 1-58037-115-9 |
| Adult | Eat Well & Keep Moving, an interdisciplinary curriculum for teaching upper elementary school | Lilian Cheung, Hank Dart & Steven Gortmaker | 2001 | 0-7360-3096-4 |
| Gr. 1-3 | From Farm to Table Workbook | Martha Cheney & Diane Hoche Bockwoldt | 1996 | 1-55799-565-6 |
| Grades 2 -6 | Growing classroom, The - Source book for hands-on science & nutrition education | Robertta Jaffe & Gary Appel | 1990 | 0-201-21539-x |
| Gr. 5-8+ | Health, Wellness, and Physical Fitness | Don and Lisa Blattner | 2002 | 1-58037-022-5 |
| Gr. K-6 | Healthy Foods From Healthy Soils | Elizabeth Patten & Kathy Lyons & Helen Stevens | 2003 | 0-88448-242-1 |
| Ages 6-10 | How to Teach Nutrition to Kids | Connie Liakos Evers | 1998 | 0-964797011 |
| Adult | How to Teach Nutrition to Kids - Leader Guide for ages 6-10 | Connie Liakos Evers & Carol Buckle | 1995 | 0-964797062 |
| PreK-3 | Kids In the Kitchen | Betsy Walkup | 2004 | 0-743930770 |
| Gr. 1-3 | Nutrition (Workbook) | JoAnne Kato & Kimberlee Graves | 1999 | 1-57471-542-9 |
| Adult | Planet Health, an interdisciplinary curriculum for teaching middle school nutrition & physical activity | Jill Carter, Jean Wiecha, Karen Peterson, Steven Gortmaker | 2007 | 0-736069186 |
| Prek- 4 | Rainy Day Recess | Pam Schiller & Mike Artell | 1996 | 0-86653-864-x |
| Preschool/K-1 | Shapesville | Anyd Mills and Becky Osborn & Erica Neitz | 2003 | 0936077441 |
| PreK-6 | Simple Cooking Fun | Teacher Created Materials, Inc. | 1997 | 0-743931971 |
| Adult | Snack Art: Eat What You Create | Teacher Created Materials, Inc | 2004 | 1-57690-318-4 |
| Ages 5 & up | Storybook Stew | Suzanne Barchers | 1997 | 1-55591-944-8 |
| | Vegetable Friends (Coloring Book) | | | |

Fitness

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|---|---|------------|---------------|
| Adult | 365 Activities for Fitness, Food and Fun for the Whole Family | Julia Sweet | 2001 | 0-8092-9767-1 |
| Ages 4-8 | Get Moving - Tips on Exercise | Kathy Feeney | 2000 | 0-73684449x |
| Ages 9-12 | Let's Exercise | Alice B. McGinty | 1998 | 0-531-11659-x |
| Elementary | Let the Games Begin | Maya Ajmera and Michael Ryan | 2000 | 0881060682 |
| Elementary | No Gym? No Problem! | Charmain Sutherland | 2006 | 0-7360-5770-6 |
| Elementary/MS | The Ultimate Playground & Recess Game Book | Guy Bailey | 2001 | 0-9669727-2-4 |
| Ages 9-12 | Movin' and Groovin' | Peggy Buchanan & Linda Schwartz | 1997 | 0-88160-279-5 |
| Gr. K-12 | Pedometer Power | Robert Pangrazi, Aaron Beighle & Cara L. Sidman | 2002 | 0-736044841 |
| Adult | Physical Fitness | Dr. Alvin, Virginia & Laura Silverstein | 2002 | 0-531-15563-3 |

Fruit

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|---|--|------------|---------------|
| Gr. 1-3 | Apple Picking Time | Michele Benoit Slawson | 1998 | 0-517-88575-1 |
| Ages 4-8 | Bananas | Jacqueline Farmer & Page Eastburn O'Rourke | 1999 | 0-88106-115-8 |
| PreK-K | Big Hungry Bear, The; The Little Mouse, The Red Ripe Strawberry | Don & Audrey Wood | 2007 | 0-85953-1821 |
| Ages 3-6 | Blueberries For Sal | Robert McCloskey | 1948 | 0-14050-169 X |
| K-3 | Fruit | Gallimard Jeunesse | 1989 | 0-590662007 |
| Gr. K-2 | How to Make an Apple Pie and See the World | Marjorie Priceman | 1994 | 0-679-88083-6 |
| Ages 4-8 | Oliver's Fruit Salad | Vivian French | 1998 | 0-531-30087-0 |

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|----------|--|-------------------------------|------|---------------|
| Ages 10+ | One Good Apple: Growing Our Food for the Sake of the Earth | Catherine Paladino | 1999 | 0-395-85009-6 |
| Ages 4-7 | Oranges for Orange Juice | Rozanne Williams | 1996 | 1-57471-131-8 |
| PreK | Strawberries Are Red | Petr Horáček | 2001 | 0-7636-1461-0 |
| Ages 4-8 | Tomatoes, A True Book | Elaine Landau | 1999 | 0-516-26773-6 |
| Ages 4-8 | We Love Fruit | Fay Robinson | 1992 | 0-516-46006-4 |
| Ages 4-8 | What's for Lunch? Banana | Pam Robson | 1998 | 0-516-26217-3 |
| Ages 4-8 | What's So Terrible About Swallowing an Apple Seed? | Harriet Lerner, Susan Goldhor | 2001 | 0-06-443816-3 |

Gardening & Growing

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|--------------------------------------|--|------------|---------------|
| Ages 4-9 | Compost, By Gosh | Michelle Eva Portman | 2002 | 0-942256-16-6 |
| Ages 4-8 | Farmer's Market | Carmen Parks | 2003 | 0-15-204841-3 |
| Ages 4-7 | Farmers' Market | Paul Brett Johnson | 1997 | 0-531-30014-5 |
| Ages 5-9 | From Seed to Sunflower | Dr. Gerald Legg | 1998 | 0-531-15334-7 |
| Ages 8-12 | From Wheat to Pasta | Robert Egan | 1997 | 0-516-26069-3 |
| Ages 7-11 | Gardening | Ivan Bulloch & Diane James | 1999 | 0-7166-2601-2 |
| Adult | Gardening with Children | Beth Richardson | 1998 | 1-56158-192-5 |
| Ages 4-8 | Growing Vegetable Soup | Lois Ehlert | 1987 | 0-15-232575-1 |
| Elementary | Health and Nutrition from the Garden | Junior Master Gardener | 2002 | 0967299071 |
| Ages 4-8 | How do you Raise a Raisin | Pam Muñoz Ryan | 2003 | 1-57091-397-8 |
| Ages 4-8 | Jody's Beans | Malachy Doyle | 1999 | 0-7636-0687-1 |
| Gr. 3+ | Johnny Appleseed | Carol Beach York | 1980 | 0-89375-296-7 |
| PreK-3 | Johnny Appleseed | Patricia Demuth | 1996 | 0-448-41130-X |
| Ages 5-9 | Johnny Appleseed | Steven Kellogg | 1988 | 0-688-06417-5 |
| Ages 4 & up | Kids Garden | Avery Hart & Paul Mantell | 1996 | 0-913589-90-X |
| Adult | New Farmers' Market, The | Vance Corum, Marcie Rosenzweig & Eric Gibson | 2001 | 0-9632814-2-9 |
| RL 2 | Seed is a Promise, A | Claire Merrill | 1973 | 0-590-43454-3 |
| | Seed Song, The (BIG Book) | Judy Saksie | 1995 | 0-916119-79-3 |

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|--------------|--|----------------------------|------|---------------|
| Gr. 3-8 | Seeds of Change: Learning from the Garden | Judy Mannes & Marsha Rehns | 2001 | 0-201-49540-6 |
| Ages 4-8 | Sunflower House | Eve Bunting | 1996 | 0-15-201952-9 |
| Ages 3-6 | Surprise Garden, The | Zoe Hall | 1998 | 0-590-10075-0 |
| Ages 5-9 | Victory Garden Alphabet Book, The | Jerry Pallotta | 1992 | 0-88106-468-8 |
| Gr. 4-8 & up | Worms-Eat our Garbage: Classroom Activities for a Better Environment | Mary Appelholf | 1993 | 0-942256-05-0 |

Healthy Eating

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|--|--|------------|---------------|
| PreK-3 | Berenstain Bears and Too Much Junk Food, The | Stan & Jan Berenstain | 1985 | 0-394-87217-7 |
| Ages 4-8 | Eat Healthy, Feel Great | William Sears, MD et. al | 2002 | 0-316787086 |
| Ages 4-8 | Eat Right | Katie Bagley | 2001 | 0-736809716 |
| Ages 6-10 | Eat Your Vegetables! Drink Your Milk! | Dr. Alan Silverstein, Virginia Silverstein, Laura Silverstein Nunn | 2000 | 0-531-16507-8 |
| Grade 1 | Eating Right Level 8 | Time Magazine for Kids | 2003 | 0-743985311 |
| Ages 3-7 | Eating the Alphabet - Fruits & Vegetables A-Z (Board Book) | Lois Ehlert | 1996 | 0-15-201036-X |
| Ages 3-7 | Eating the Alphabet - Fruits & Vegetables A-Z | Lois Ehlert | 1989 | 0-15-224435-2 |
| Ages 3-7 | Eating the Alphabet - Fruits & Vegetables A-Z BIG Book | Lois Ehlert | 1989 | 0-15-200902-7 |
| Gr. 6+ | Food and Nutrition for Every Kid | Janice Van Cleave | 1999 | 0-471-17665-6 |
| Gr. 3-5 | Food Pyramid, The | Joan Kalbacken | 1998 | 0-516-26376-5 |
| Ages 4-8 | Good Enough to Eat | Lizzy Rockwell | 1999 | 0-06-027434-4 |
| Grades 5+ | Good For Me! | Marilyn Burns | 1978 | 0-316-11749-8 |
| Ages 8-12 | Healthy Diet, A | Elaine Landau | 2003 | 0-531120279 |
| Ages 9-12 | Nutrition-What's in the Food We Eat | Dorothy Hinshaw Patent | 1992 | 0-8234-0968-6 |

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|----------|----------------------|---------------|------|-------------|
| Ages 4-8 | You Are What You Eat | Sharon Gordon | 2003 | 0-516269526 |
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History

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|---|------------------------------------|------------|---------------|
| Ages 9-12 | American Indian Cooking before 1500 | Mary Gunderson & E. Barrie Kavasch | 2000 | 0-7368-0605-9 |
| Ages 4-8 | American Indian Foods, A True Book | Jay Miller | 1997 | 0-516-26091-X |
| Ages 9-12 | California Gold Rush Cooking - Exploring History... simple recipes | Lisa Golden Schroeder | 2000 | 0-7368-0603-2 |
| Gr. 1-3 | Dinosaurs Alive and Well | Laurie Brown & Marc Brown | 1990 | 0-316-11009-4 |
| Ages 5-9 | First Strawberries, The (A Cherokee Story) | Joseph Bruchac | 1998 | 0-14-056409-8 |
| Gr. 5-6 | Food and Recipes of the Civil War - Cooking Throughout American History | George Erdose | 1998 | 0-8239-5112-X |
| Gr. 5-6 | Food and Recipes of the Native Americans - Cooking Throughout American History | George Erdosh | 1998 | 0-8239-5116-2 |
| Gr. 5-6 | Food and Recipes of the Pilgrims - Cooking Throughout American History | George Erdosh | 1998 | 0-8239-5117-0 |
| Gr. 5-6 | Food and Recipes of the Revolutionary - War Cooking Throughout American History | George Erdosh | 1998 | 0-8239-5113-8 |
| Gr. 5-6 | Food and Recipes of the Thirteen Colonies - Cooking Throughout American History | George Erdosh | 1998 | 0-8239-5114-6 |
| Gr. 5-6 | Food and Recipes of the Westward Expansion - Cooking Throughout American History | George Erdosh | 1998 | 0-8239-5115-4 |
| Ages 8-11 | George Washington's Breakfast | Jean Fritz | 1998 | 0-69811611-9 |
| Ages 5-10 | It's Disgusting and We Ate It! True food facts from around the world and throught history | James Solheim | 1998 | 0-689-80675-2 |
| Ages 7 & up | Josefina's Cookbook: A Peek at Dining in the Past With Meals You Can Cook Today (American Girls Collection) | Pleasant Company | 1998 | 1-56247-669-6 |
| Ages 7 & up | Kirsten's Cookbook | Pleasant Company | 1994 | 1-56247-111-2 |
| Ages 8 & up | Little House Cookbook, The | Barbara Walker | 1979 | 0-06-446090-8 |
| Ages 7 & up | Molly's Cook Book | Pleasant Company - The | 1994 | 1-56247-117-1 |

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|-------------|---|---------------------------------------|------|---------------|
| | | American Girls Collection | | |
| Ages 3-8 | My Little House Cookbook | Amy Cotler | 1996 | 0-06-024296-5 |
| Ages 7 & up | Samantha's Cookbook | Pleasant Company | 1994 | 1-56247-114-7 |
| Ages 11-14 | Seeds of Change-the Story of Cultural Exchange After 1492 | Sharryl Davis Hawke James E. Davis | 1992 | 0-201-29419-2 |
| Ages 9-12 | Strawberry Girl | Lois Lenski | 1945 | 0-06-440585-0 |
| Ages 9-12 | U.S. History Cookbook, The | Joan D'Amico & Karen Eich Drummond | 2003 | 0-471-13602-6 |

The Human Body

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|---|--|------------|---------------|
| Ages 11+ | Body Book, The | Sara Stein | 1992 | 0-89480-805-2 |
| Ages 8-11 | Bones, Bodies, and Bellies | Diane Vaszily & Peggy Perdue | 1994 | 0-673-36034-2 |
| Ages 4-8 | Dem Bones | Bob Barner | 1996 | 0-8118-0827-0 |
| Gr. 3-5 | Digestive System, The | Darlene Stille | 1997 | 0-516-20439-4 |
| Ages 4-8 | Food for Healthy Teeth | Helen Frost | 1999 | 0-7368-0113-8 |
| For All Ages | Germs on their Fingers | Wendy Wakefield | 2002 | 0-9703632-0-6 |
| Gr. 2 | Magic School Bus: Inside Ralphie - A Book About Germs, The | Joanna Cole, John Speirs & Bruce Degan | 1995 | 0-590-40025-8 |
| Ages 4-8 | My Body, Your Body | Mick Manning & Brita Granstrom | 1998 | 0-531-15324-X |
| Ages 9-12 | OrganWise Guys, The: Basic Training for Better Health | Michelle Lombardo | 2006 | 0-9648438-3-8 |
| Ages 5-10 | Taking Diabetes to School | Kim Gosselin | 1998 | 1-891383-00-0 |
| Ages 5-10 | Taking Food Allergies to School | Ellen Weiner | 1999 | 1-891383-05-1 |
| Ages 4-8 | Those Icky Sticky Smelly Cavity-Causing But... Invisible Germs | Judith Anne Rice | 1997 | 1-884834-30-2 |
| Ages 4-8 | Those Mean Nasty Dirty Downright Disgusting but...Invisible Germs | Judith Anne Rice | 1997 | 1-884834-31-0 |
| Ages 9-12 | What Happens to Your Food? | Alastair Smith | 1997 | 0-88110-945-2 |

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|---------|-------------------------------------|-----------------|------|---------------|
| Gr. 1-3 | What's Inside Your Body? (Workbook) | Robert De Weese | 1994 | 1-55799-290-8 |
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Multicultural

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|---|-------------------------------|------------|---------------|
| Gr. K-3 | Bread is for eating | David & Phillis Gershator | 1995 | 0-8050-5798-6 |
| Ages 7-13 | Everybody Bakes Bread | Norah Dooley | 1996 | 0-87614-895-x |
| Ages 7-13 | Everybody Cooks Rice | Norah Dooley | 1991 | 0-87614-591-8 |
| Ages 4-8 | How My Parents Learned to Eat | Ina Friedman | 1984 | 0-395-35379-3 |
| Ages 5-8 | Jalapeno Bagels | Natasha Wing & Robert Casilla | 1996 | 0-689-80530-6 |
| Ages 9-12 | Kids Around the World Cook! | Arlette N. Braman | 2000 | 0-471-35251-9 |
| Gr. 2-5 | Kids' Around the World Cookbook, The | Deri Robins | 1994 | 1-85697-997-0 |
| Ages 4 & up | Kids' Multicultural Cookbook, The | Deanna Cook | 1995 | 0-913589-91-8 |
| Gr. 3+ | Latkes and Applesauce: A Chanukkah Story | Fran Manushkin | 1992 | 0-590-42265-0 |
| Gr. 1-3 | Latkes, Latkes Good to Eat: A Chanuka Story | Naomi Howland | 1999 | 0-395-89903-6 |
| Ages 9-12 | Mr. Sugar Came to Town/La visita del Sr. Azucar | Harriet Rohmer & Cruz Gomez | 1989 | 0-89239-045-X |
| Ages 7-12 | Multicultural Meals | Bobbie Kalman | 2003 | 0-77871277 X |
| | Multicultural Snacks | Susan Hodges | 1995 | 1-57029-025-3 |
| Ages 9-12 | Passport on a Plate | Diane Vezza | 1997 | 0-689-80155-6 |
| Ages 9-12 | Taste of the Mexican Market, A | Nancy Tabor | 1996 | 0-88106-820-9 |
| Ages 5-8 | Thanksgiving at Obaachan's | Janet Mitsui Brown | 1994 | 1-879965-07-0 |
| Ages 3-6 | Tortilla Factory, The | Gary Paulsen | 1995 | 0-15-292876-6 |
| Ages 9-12 | Travel the World Cookbook | Pamela Marx | 1996 | 0-673-36254-X |

Science & Math

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|--------------------------------------|------------------|------------|---------------|
| Gr. 3+ | Alice in Pastaland, A Math Adventure | Alexandra Wright | 1997 | 1-57091-151-7 |

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|-------------|---|------------------------------------|------|---------------|
| Ages 8 & up | Apple Fractions | Jerry Pallotta | 2003 | 0-439389011 |
| Ages 4-8 | Food Safety | Joan Kalbacken | 1998 | 0-516-26377-3 |
| Gr. 1-3 | From Cow to Ice Cream | Bertram Knight | 1997 | 0-516-26066-9 |
| Ages 5-9 | From Egg to Chicken | Dr. Gerald Legg | 1998 | 0-531-15333-9 |
| Ages 5-9 | From Flower to Honey | Robin Nelson | 2002 | 0-8225-0717-x |
| Grades K-3 | Gobble Up Math: Fun Activities to Complete and Eat | Sue Mogard & Ginny McDonnell | 1994 | 0-88160-262-0 |
| Grades 1-4 | Gobble Up Science: Fun Activities to Complete and Eat | Carol Johmann & Elizabeth Rieth | 1996 | 0-88160-248-5 |
| Ages 3-8 | Honey Makers, The | Gail Gibbons | 2000 | 0-688-17531-7 |
| Ages 3-5 | How do Dinosaurs Eat their Food? | Jane Yolen & Mark Teague | 2005 | 0-439-24102-2 |
| Gr. 2-3 | Kitchen Chemistry | Jo Ellen Moore | 1996 | 1-55799-511-7 |
| Ages 9-12 | Math Chef, The | Joan D'Amico & Karen Eich Drummond | 1996 | 0-471-13813-4 |
| K-3 | Math Snacks: Problem Solving with Food Manipulatives | Eliza Anne Sorte | 2004 | 1-576903230 |
| Ages 5-10 | Pizza Counting | Christina Dobson | 2002 | 0-881063398 |
| Ages 9-12 | Science Chef Travels Around the World, The | Joan D'Amico | 1996 | 0-471-11779-X |
| Ages 9-12 | Science Chef, The 100 Fun Food Experiments and Recipes for Kids | Joan D'Amico | 1994 | 0-471-31045-X |
| Ages 11-14 | Science Experiments You Can Eat | Vicki Cobb | 1994 | 0-06-023534-9 |
| Ages 5-9 | Taste | Sue Hurwitz | 1998 | 0-531-11652-2 |
| Ages 4-8 | What's for Lunch? Honey | Pam Robson | 1997 | 0-516-26220-3 |
| Ages 4-8 | What's for Lunch? Milk | Claire Llewellyn | 1998 | 0-516-26221-1 |
| Ages 4-8 | What's for Lunch? Peanuts | Claire Llewellyn | 1998 | 0-516-26222-X |
| Ages 4-8 | What's for Lunch? Rice | Pam Robson | 1997 | 0-516-26224-6 |
| Ages 9-12 | Why Don't Haircuts Hurt? | Melvin & Gilda Beger | 1998 | 0-439-08569-1 |

For Teens

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|-----------------------------------|------------------|------------|---------------|
| Teen | Body Blues: Weight and Depression | Laura Weeldreyer | 1998 | 082392761X |
| Teen | Clueless in the Kitchen - A | Evelyn Raab | 1998 | 1-55209-224-0 |

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| | cookbook for teens | | | |
| Teen | Fueling the Teen Machine | Ellen Shanley & Colleen Thompson | 2001 | 0-923521577 |
| Teen | Healthy Eating for Weight Management | Mary Turck | 2001 | 0736807098 |
| Teen | Healthy Snack and Fast Food Choices | Mary Turck | 2001 | 0736807101 |
| Teen | Teens Cook | Megan & Jill Carle | 2004 | 1-58008-584-9 |
| Teen | Eat This Not That | David Zinczenko & Matt Goulding | 2008 | 1-59486-854-2 |

Vegetables

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|---|------------------------|------------|---------------|
| Ages 3-7 | Carrot Seed, The | Ruth Krauss | 2004 | 0-06-443210-6 |
| PreK-1 | Eat Your Peas, Louise | Pegeen Snow | 1985 | 0-516-42067-4 |
| PreK-3 | Enormous Carrot, The | Vladimir Vagin | 1998 | 0-590-45491-9 |
| Ages 3-6 | McNosh and the Great Big Squash, Mrs. | Sarah Weeks | 2000 | 0-694-01202-5 |
| Ages 5-7 | No more vegetables! | Nicole Rubel | 2002 | 0-374-36362-5 |
| Ages 4-8 | Oliver's Vegetables | Vivian French | 1995 | 0-531-09462-6 |
| Ages 4-8 | One Potato | Diana Pomeroy | 2000 | 0-15-202330-5 |
| Ages 4-7 | Our Pumpkin | Renee Keeler | 1995 | 1-57471-106-7 |
| Ages 4-7 | Potato Man, The | Megan McDonald | 1994 | 0-531-07053-0 |
| Ages 4-8 | Pumpkin Book, The | Gail Gibbons | 1999 | 0-8234-1465-5 |
| Ages 3-6 | Pumpkin Fiesta | Caryn Yacowitz | 1998 | 0-06-027658-4 |
| Ages 3-6 | Pumpkin, Pumpkin | Jeanne Titherington | 1990 | 0-688-09930-0 |
| Ages 4-8 | Pumpkins | Mary Lyn Ray | 1992 | 0-15-252252-2 |
| Ages 4-8 | Pumpkin Soup | Helen Cooper | 1998 | 0-374-36164-9 |
| Ages 11-14 | Stinky & Stringy Stem and Bulb Vegetables | Meredith Sayles Hughes | 1999 | 0-8225-2833-9 |
| Ages 5-9 | Too Many Pumpkins | Linda White | 1997 | 0-8234-1320-9 |
| Ages 4-8 | Ugly Vegetables, The | Grace Lin | 1999 | 0-88106-336-3 |

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|----------|--------------------------------|--|------|---------------|
| Adult | Vegetable Heaven | Mollie Katzen | 1997 | 0-7868-8409-6 |
| Ages 6-8 | Vegetable Soup/ The Fruit Bowl | Diane Warren, Susan Smith Jones, Amy Sorvaag Lindman | 2004 | 0-9652736-01 |
| Ages 4-8 | Vegetable Show, The | Laurie Krasny Brown | 1995 | 0-316-11363-8 |
| Ages 4-8 | Vegetables in the Garden | Pascale de Bourgoing & Gallimard Jeunesse | 1994 | 0-590-48326-9 |
| Ages 4-8 | Vegetables, Vegetables | Fay Robinson | 1994 | 0-516-46030-7 |
| Ages 4-8 | What's for Lunch? Corn | Pam Robson | 1998 | 0-516-26219-X |
| Ages 4-8 | When Vegetables Go Bad | Don Gillmor & Marie-Louise Gay | 1994 | 1-55209-261-5 |

Vegetarian

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|--|--|------------|---------------|
| Adult | Becoming Vegetarian - The complete guide... a healthy vegetarian diet | Vesanto Melina, R.D., Brenda Davis, RD & Victoria Harrison, RD | 1995 | 1-57067-013-7 |
| Ages 8 & up | Jumbo Vegetarian Cookbook, The | Judi Gillies & Jennifer Glossop | 2002 | 1-55074-977-3 |
| Ages 8-12 | Kids Can Cook (Vegetarian Recipes) | Dorothy Bates | 2000 | 1-57067-086-2 |
| Adult | Student's Vegetarian Cookbook | Carole Raymond | 1997 | 0-7615-0854-6 |
| Adult | Vegetarian Beginner's Guide | Vegetarian Times | 1996 | 0-02-860386-9 |
| Ages 8-12 | Vegetarian Cooking for Beginners | Fiona Watt | 2001 | 1-580862039 |
| Adult | Vegetarian Pasta Cookbook | Sarah Maxwell | 1996 | 0-7858-0650-4 |
| Adult | Vegetarian Sports Nutrition Guide - Peak performance - For everyone from beginners to gold medalists | Lisa Dorfman, M.S., R.D., L.M.H.C. | 2000 | 0-471-34808-2 |

New Additions

| Age/ Grade Level | Title | Author | Copy Right | ISBN # |
|------------------|-----------------------------------|------------------|------------|---------------|
| Ages 5-8 | Pumpkin Patch, The | Elizabeth King | 1996 | 0-14055968-X |
| PreK-K | Little Red Hen Makes a Pizza, The | Philemon Sturges | 2002 | 0-142301892 |
| Ages 4-8 | The Berry Book | Gail Gibbons | 2002 | 0-823416976 |
| Ages 4-8 | Out and About at the Dairy Farm | Andy Murphy | 2003 | 1-4048-0038-7 |
| Ages 4-8 | Out and About at the Apple | Diane Mayr | 2002 | 1-4048-0036-0 |

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|---------------|--|--|------|---|
| | Orchard | | | |
| Grades 1-2 | Food and Nutrition (Thematic Unit) | Teacher Created Materials | 2004 | 1-57690-373-7 |
| Teen | Right Moves to Getting Fit & Feeling Great!, The | Tina Schwager & Michele Schuerger | 1998 | 1-57542-035-X |
| Ages 5-9 | Pumpkin Runner, The | Marsha Arnold | 1998 | 0-803721242 |
| Ages 4-8 | Anansi and the Talking Melon | Eric A. Kimmel | 1995 | 0-823411672 |
| Grades 1-3 | Look, Listen & Speak: At the Supermarket | Jo Ellen Moore | 2004 | 1-55799-950-3 |
| Ages 2-4 | Potatoes on Tuesday | Dee Lillegard | 1995 | 0-673-36235-3 |
| Ages 3-9 | A Seed Grows | Pamela Hickman & Heather Collins | 1996 | 1-55074-200-0 |
| Grades PreK-K | Give Me my Yam! | Jan Blake | 1999 | 0-763608734 |
| Ages 4-8 | A Harvest of Color | Melanie Eclare | 2001 | 1-929927312 |
| Ages 5-8 | Harvest Home | Jane Yolen | 2002 | 0-152018190 |
| Ages 5-9 | Rice Is Life | Rita Golden Gelmen | 2000 | 0-805057196 |
| Ages 5-8 | One Bean | Anne Rockwell | 1999 | 0-802775721 |
| Grades PreK-4 | In Search of the Perfect Pumpkin | Gloria Evangelista | 2001 | 1-55591-994-4 |
| Ages 5-8 | We Are Making Breakfast for Mother | Shirley Neitzel | 1997 | 0-688145752 |
| Ages 5-9 | Where on Earth Is My Bagel? | Frances & Ginger Park | 2001 | 1-584300337 |
| Ages 5-8 | Dim Sum for Everyone! | Grace Lin | 2003 | 0-440417708 |
| Ages 4-8 | Fruit Group, The | Helen Frost | 2000 | 0-736805370 |
| Ages 4-8 | Count on Pablo | Barbara DeRubertis | 1999 | 1-575650908 |
| Ages 5-6 | Milk-From Cow to Carton | Aliki | 1992 | 0-064451119 |
| Grades 6-12 | Health Facts: Nutrition and Physical Activity | Nora J. Krantzler, Lucas Stang & William M. Kane | 2004 | N/A www.etr.org |
| Ages 6-7 | Taking Root | Allan Fowler | 2000 | 0-516215914 |
| Ages 7-11 | Blue Potatoes, Orange Tomatoes | Rosalind Creasy | 2000 | 0-871569191 |
| Ages 4-8 | Enormous Potato | Aubrey Davis | 1999 | 1-550746693 |
| Ages 5-8 | June 29, 1999 | David Wiesner | 1995 | 0-395727677 |
| Ages 5-8 | Itse Selu: Cherokee Harvest Festival | Daniel Pennington | 1994 | 0-881068500 |
| Grades K-3 | Keeping Healthy | | 1994 | Carson-Dellosa Publ. CD-7282 |

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| Grades 4-6 | Keeping Healthy | Karen Lee Siepak | 1994 | Carson-Dellosa Publ. CD-7283 |
| Ages 8-9 | Active Kids | Bobbie Kalman | 2003 | 0-7787-1275-3 |
| Ages 5-8 | Carlos and the Cornfield | Jan Romero Stevens, Patricia Hinton Davison | 1999 | 0-873587359 |
| Ages 5-8 | Giant Carrot, The | Jan Peck | 1998 | 0-803718233 |
| Ages 4-8 | Eating Right | Helen Frost | 2000 | 0-736805354 |
| Ages 4-8 | Fats, Oils and Sweets | Helen Frost | 2000 | 0-736805362 |
| Ages 4-8 | Dairy Group, The | Helen Frost | 2000 | 0-736805400 |
| Ages 4-8 | Grain Group, The | Helen Frost | 2000 | 0-736805389 |
| Ages 4-8 | Drinking Water | Helen Frost | 2000 | 0-736805346 |
| Ages 4-8 | Vegetable Group, The | Helen Frost | 2000 | 0-736805419 |
| Ages 4-8 | Meat and Protein Group, The | Helen Frost | 2000 | 0-736805397 |

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