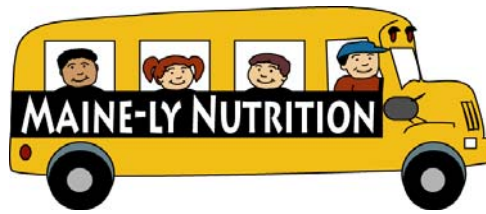


**Overweight and Undernourished
Maine-ly Nutrition Training
School Year 2007-2008
Agenda**

- 8:00 Registration and Continental Breakfast
- 8:30 Welcome and Introduction
- 8:45 Overweight and Undernourished- general session
- 9:30 Nutrition Know-how- new teachers
"Newtrition" - returning teachers
- 10:15 Physical Activity Break and resource browsing
- 10:45 CSHP/CSHE and Maine-ly Nutrition 101- new teachers
TakeTime! Activities
- 11:45 Technology Tidbits Jeopardy
- 12:15 Lunch
- 1:00 TakeTime! Overview- new teachers
Lesson Demonstrations-returning teachers
- 1:45 Nutrition Potpourri Panel:
 - Fruits and Veggies More Matters
 - Snack Policies including information on nonfood rewards
 - Marketing Nutrition
- 3:00 Nutrition BEANO! Prizes awarded!
Contact hours certificates & school door prizes!
- 3:30 Adjourn



Maine-ly Nutrition Teacher Training Objectives

Participants will be able to:

- ◆ Explain the basic concepts of nutrition.
- ◆ Demonstrate ability to implement Maine-ly Nutrition in the classroom effectively.
- ◆ Integrate physical activity into the classroom using the TakeTime! program model.
- ◆ Explain how nutrition and physical activity fit into comprehensive school health education and under the umbrella of a coordinated school health program.
- ◆ Have Fun and eat well!

The Maine Nutrition Network is a group of partners from the public and private sectors with a commitment to nutrition education. We receive funding from the United States Department of Agriculture, through a contract with the Maine Department of Health and Human Services. The funding is used to implement nutrition education activities in Maine with a focus on limited-income populations.