

Maine kids eat smart!



My Snack Recipe: Banola Bars!

1. Peel a banana
2. Cover it with peanut butter
3. Roll it in granola
(or your favorite cereal)

**Eat
Smart:**
*It's a
healthy
start*



Angus S. King, Jr.
Governor

Kevin W. Concannon
Commissioner

Printed under Appropriation
013-10A-2622-032

The Maine Nutrition Network is a statewide coalition of over 200 individuals and partner organizations established by the Edmund S. Muskie School of Public Service, University of Southern Maine, and the Maine Department of Human Services, Bureau of Health.

NON-DISCRIMINATION NOTICE In accordance with Title VI of the Civil Rights Act of 1964 (42 USC § 1981, 2000d et. seq.) Section 504 of the Rehabilitation Act of 1973, as amended (29 USC § 794), the Age Discrimination Act of 1975, as amended (42 USC § 12131 et. seq.), and Title IX of the Education Amendments of 1972, (34 CFR Parts 100, 104, 106 and 110), the Maine Department of Human Services does not discriminate on the basis of sex, race, color, national origin, disability or age in admission or access to or treatment or employment in its programs and activities. Kim Pierce, Civil Rights Compliance Coordinator, has been designated to coordinate our efforts to comply with the US Department of Health and Human Services regulations (45 CFR Parts 80, 84 and 91), the Department of Justice regulations (28 CFR Part 35), and the US Department of Education regulations (34 CFR Part 106), implementing these Federal laws. Inquiries concerning the application of these regulations and our grievance procedures for resolution of complaints alleging discrimination may be referred to Kim Pierce at 221 State Street, Augusta, ME 04333, Telephone number: (207) 287-3488 (voice) or 800-332-1003 (TDD), or Assistance Secretary of the Office of Civil Rights of the applicable department (e.g. the Department of Education), Washington, D. C.