



## USING YOUR VEGETABLE STEAMER

- Put about a 1/2 cup (or 1 inch) of water in bottom of pot.
- Place the steamer basket in pot.
- Place a single layer of cut up vegetables in the steamer basket.
- Bring the water to a rolling boil.
- Cover and cook until vegetables are at the desired tenderness.
- Slowly remove the cover. **Be careful, steam can burn you.**
- Remove vegetables from steamer with a spoon.
- **Wait until steamer is cool before removing it from the pot. This will help you avoid being burned by the steam or the hot metal.**



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