

Tomato-Basil Rice

Ingredients:

- 1 cup brown rice
- 1 medium plum tomato (or 1/2 of a 15 ounce can of diced tomatoes)
- 1 teaspoon dried basil
- 1/2 cup shredded reduced-fat mozzarella cheese

Directions:

Cook rice according to package instructions. Dice plum tomato (or simply drain canned tomatoes). Stir in tomatoes, basil and cheese into warm rice. Serve while warm. Makes 4 servings.



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