

**Cooking Maine Foods from the Ground Up
Alignment-at-a-Glance**

Learning Objective	Health Education Standards	Cross-Discipline Standards	Learning Objective	Health Education Standards	Cross-Discipline Standards
Sanitation Lesson - Give Me a Hand			Wild Blueberry Lesson		
a.			a.		
b.	A1		b.		
c.	C1b		c.		
Sanitation Lesson - What's on Your Plate?			d.		
a.			e.		ELA B5a
b.			f.		ELA B2a
c.	A1		Strawberry Lesson		
Compost Lesson			a.		
a.			b.		
b.			c.		
c.			d.		ELA B5a
d.			e.		ELA B2a
e.			Apple Lesson		
f.			a.		
g.		SCI D3b	b.		
h.			c.		
i.			d.		ELA B5a
j.			e.		ELA B2a
l.		ELA B5a	Dairy Lesson		
m.		ELA B2a	a.		
n.		MATH B2 (Partially)	b.		
Cranberry Lesson			c.		
a.			d.		ELA B5a
b.			e.		ELA B2a
c.					
d.		ELA B5a			
e.		ELA B2a			

Cooking Maine Foods from the Ground Up
Alignment-at-a-Glance, Continued

Learning Objective	Health Education Standards	Cross-Discipline Standards	Learning Objective	Health Education Standards	Cross-Discipline Standards
Oat Lesson			Potato Lesson		
a.			a.		
b.			b.		
c.			c.		
d.			d.		
e.		ELA B5a	e.		ELA B5a
f.		ELA B2a	f.		ELA B2a
Buckwheat Lesson			Squash Lesson		
a.			a.		
b.			b.		
c.			c.		
d.			d.		
e.		ELA B5a	e.		ELA B5a
f.		ELA B2a	f.		ELA B2a
Broccoli Lesson			Mixed Vegetable Lesson		
a.			a.		
b.			b.		
c.			c.		
d.			d.		ELA B5a
e.		ELA B5a	e.		ELA B2a
f.		ELA B2a			