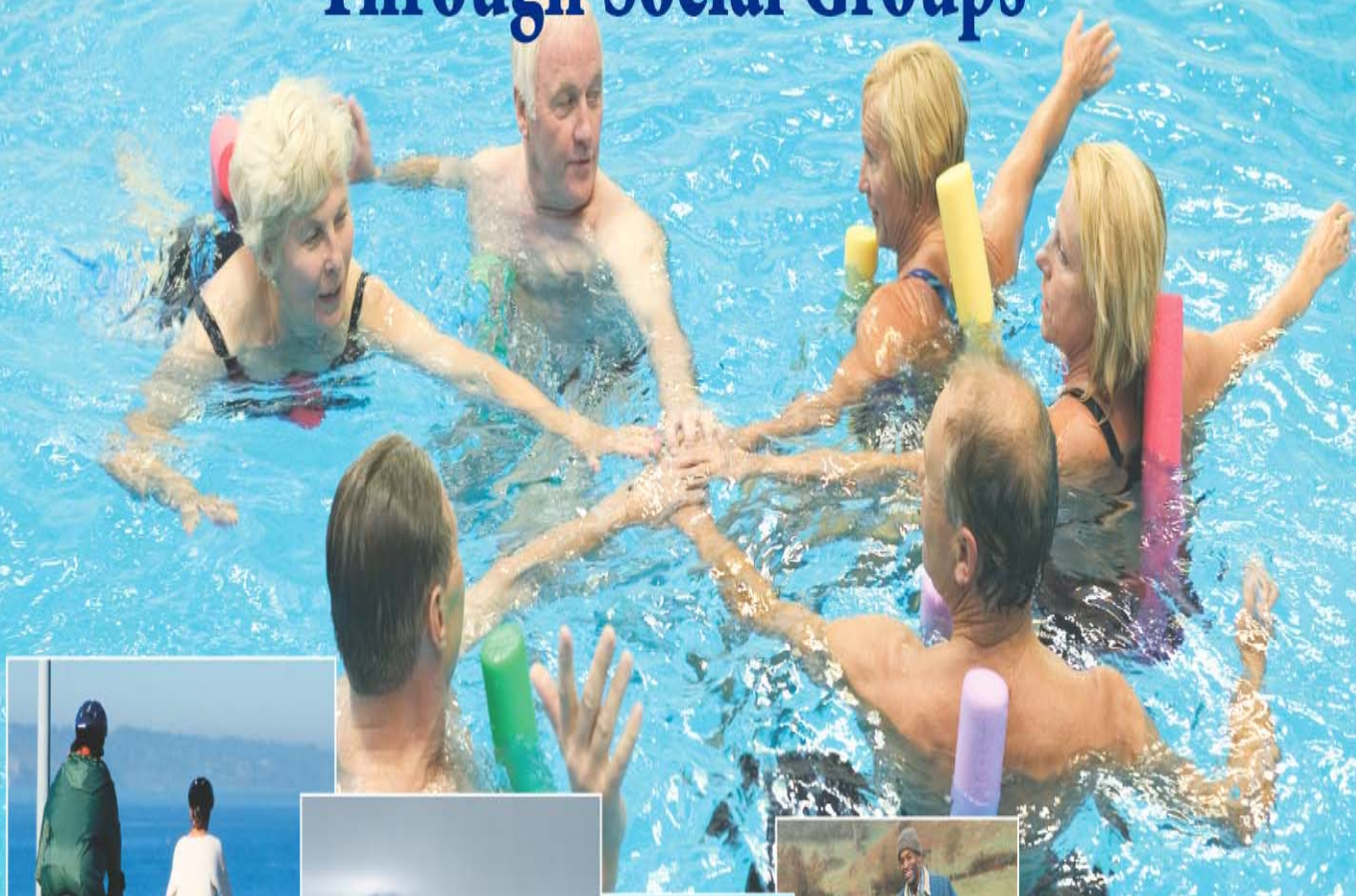


Encouraging Physical Activity Through Social Groups



 **Healthy Maine Partnerships**

Maine Cardiovascular Health Program
in collaboration with the **Maine Nutrition Network**

Maine Department of Health and Human Services
Maine Center for Disease Control and Prevention